

# Artsy Thursday

On this day, we celebrate the creativity of children. When children have time to enjoy the process of creating art, decision making, self-expression, creativity, social skills, literacy, math, and fine motor skills are all fostered.

## Activity Ideas

- ✓ Collect natural items from your yard to design a mandala. Create with symmetry and repetition. Take a picture of your work.
- ✓ Fill a muffin tin with shaving cream. Add food coloring or tempera paint to the shaving cream, and enjoy painting the bathtub walls during bath time! Be sure to test a small area if you are concerned about stains.
- ✓ Ice cube painting: Add tempera paint or food coloring to an ice tray. Add water and mix. Then freeze. Add popsicle sticks when partially frozen and then complete the freezing process. Pop the ice cubes out of the tray and paint on regular paper. Great for a hot day!
- ✓ Draw like Michaelangelo. Tape a large piece of paper to the underside of a table and draw a picture on the paper while lying on the floor. Although this seems like a simple activity, the different positioning brings a sense of excitement to the project.

## A Resource for Parents

Here is an article from the NAEYC website about meaningful art you can fit into a busy day.

<https://www.naeyc.org/our-work/families/meaningful-art-projects-parents-can-fit-busy-day>

